

Winter & Spring in Nature

Explore Nature in the Park:

What's in your water? Youth

January 13 #215250

March 3 #215251

What's in your water? Preschool

February 20 #215239

April 17 #215241

Look But Don't Touch Hike

March 24 #215193

Introduction to Birding

March 8 #214762

March 17 #214768

April 5 #214763

April 21 #214766

Seasonal Tree ID

February 18 #214749

Nature Photography

February 17 #214852

April 19 #214853

Winter & Spring in Nature

Survival Skills:

Wilderness Survival for Youth

February 10 #214773

March 10 #214774

Orienteering Basics:

March 3 #214859



Register online today:

<https://reclink.raleighnc.gov/Start/Start.asp>



Forest Ridge Park
2100 Old NC Highway 98
Wake forest, NC 27587
(919) 556-6781

Outdoor Recreation at Forest Ridge



- ◇ 2 Mile Mountain Bike trail with a 1 Mile Lollipop
- ◇ 3 1/2 miles of walking Trails
- ◇ Lake views
- ◇ Playground with a Kid Friendly Zip Line
- ◇ 2 Shelters for family picnics



RALEIGH Parks,
Recreation and
Cultural Resources
parks.raleighnc.gov

Winter & Spring Fun for All

Fitness:

Forest Ridge Walk Club

January 9 #214769

February 13 #214770

March 13 #214771

April 10 #213722

Groundhog Day Hike

February 2 #215164

Keeping on the Right Track

March 31 #215187

Spring Has Arrived

April 7 #215203

April 26 #215230

Body Fuze

March 6-27 #214775

April 3-24 #214776

Indoor Rock Climbing

January 22 #215839

February 9 #215841

Winter & Spring Fun for All



Yoga:

Sunshine Yoga

January 7 #214708

February 4 #214709

March 4 #214710

April 1 #214711

Flow Yoga

January 10-31 #214862

February 7-28 #214863

March 7-28 #214864

April 4-25 #214865

Winter & Spring Outdoor Fun for All

Biking:

Bike Maintenance Clinic

March 24 #214750

April 28 #214751

Introduction to Mountain Biking

April 12– 28 #214844

Spring Bike Week for Youth

April 2-6 #214931

History on Wheels

March 10 #215194

